



# Community Culture Confidence

Experience Whitney Center



WHITNEY CENTER



## Living Life Your Way

Travel ... learn ... volunteer ... set new goals. At Whitney Center, you create the life you want to live.

We know that remaining engaged and striving for excellence leads to a more meaningful life. That's why we offer a host of services and amenities, events, cultural opportunities and wellness programs that let you do what you love.

And we do it in an environment that creates community, has a rich culture, and gives you confidence to experience the best life has to offer.

"The purpose of life, after all, is to live it ... to reach out eagerly and without fear for newer and richer experiences." – Eleanor Roosevelt



## Here's a glimpse at what is included in your monthly fee:

### Services

Health & Wellness Center offering assisted living, memory support, rehabilitative and/or long-term care

Weekly housekeeping & flat linen service

Apartment maintenance

Scheduled transportation

Fitness programs

24-hour campus security

Ecumenical chaplain services

### Amenities

Social, cultural & educational programs

Cultural Arts Center

Casual and fine dining options

Full-service library

Art studio

Fitness center

Walking trails

Heated indoor swimming pool & Jacuzzi®

Salon & Spa

The Pub



## Community Freedom & Opportunity

What if you had more time to pursue what matters most to you? What if you didn't have to worry about home maintenance, yardwork, or dealing with snow and ice? And what if it were easy to make choices that help you stay healthier and more independent?

More than simple conveniences, the services, amenities and programs at Whitney Center are designed to give you the freedom and opportunity to do what you want.

The Whitney Center culinary team creates delicious, nourishing meals in a variety of dining venues. They take pride in a "from scratch" approach and use Connecticut's wonderful fresh foods whenever possible.



## Did You Know?

You can leave your car behind and let us do the driving. Our convenient scheduled transportation takes you to medical appointments, shopping and events, so you don't have to hassle with traffic or parking.



## Your Home, Your Style

Whether you want a cozy home base for your travels, or a spacious three-bedroom with room for the grandkids to sleep over, there's an apartment home that suits your style perfectly.

### Apartment features include

- Fully appointed kitchens
- Walk-in closets with ample room for storage
- Window treatments
- Plush carpeting or hardwood floors
- Additional storage
- All utilities
- Satellite television service
- Full maintenance services
- 24-hour emergency call service
- Pet-friendly

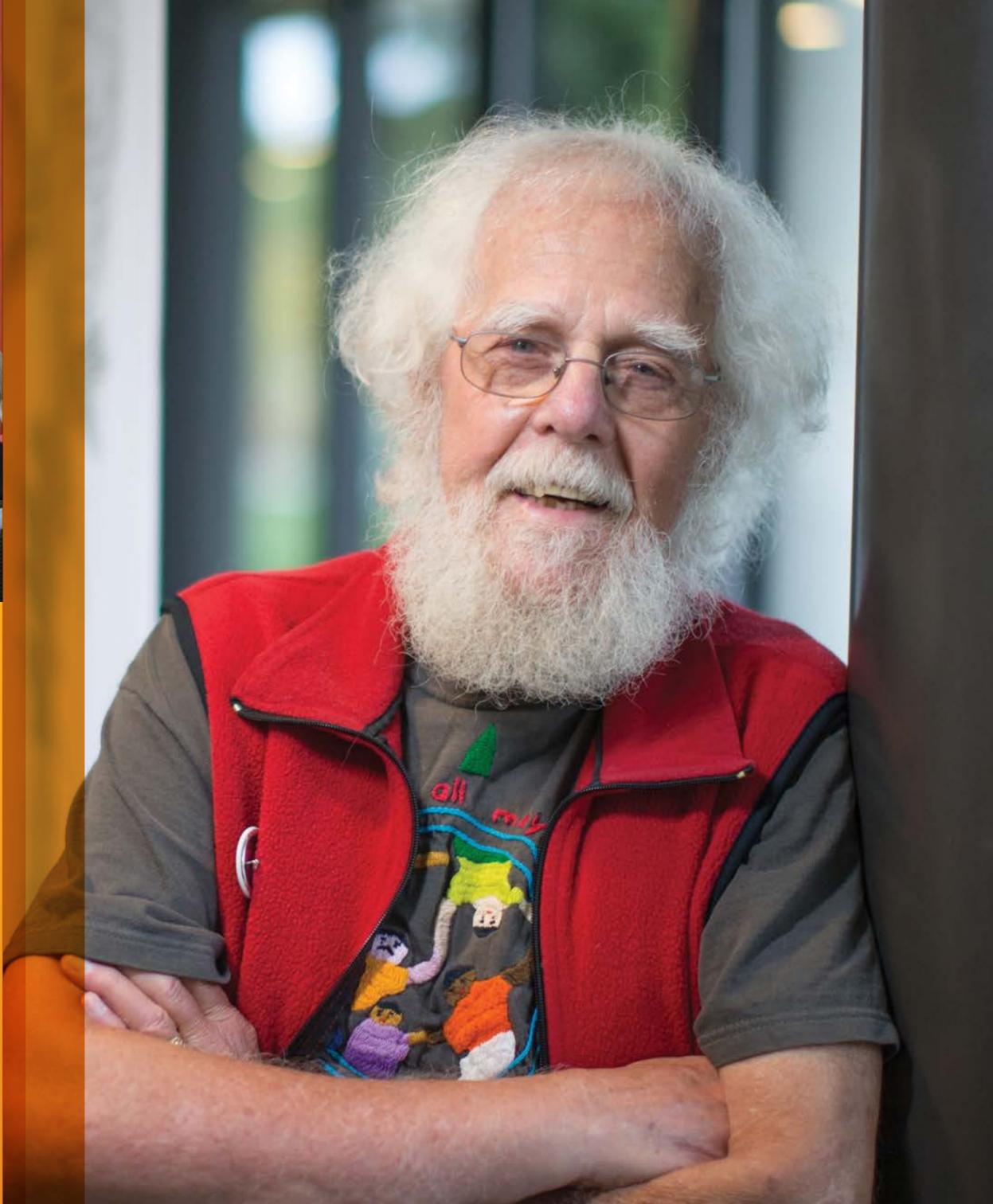


## Experience Greater New Haven

You'll find it easy to enjoy all the shopping, dining, arts and nature you want. We're within easy driving distance of Hamden and the Greater New Haven area. We're close to several respected universities and cultural venues, as well as state parks with beaches and trails for hiking or snowshoeing.



Our Cultural Arts Center is a venue for performances and lectures, and houses The Gallery, featuring artwork from residents and professionals.



## Culture

The culture of a community is determined by the people who live there. At Whitney Center, you'll find a remarkable group of friends and neighbors who come from fascinating backgrounds, and who actively pursue the best life possible.

Many residents give of themselves by volunteering in the local community at schools, art centers and nonprofit organizations. And they stay connected to the arts, humanities and cross-cultural education, both on campus and off.

You'll also find that our core value of hospitality is part of everything we do. Our professional, caring staff is here to serve you – and it won't be long before they feel like part of your family, too.

"We meet no ordinary people in our lives." – C.S. Lewis



69% of older adults fear health care costs going out of control.

(Health Care & Long-Term Care Study, Nationwide Retirement Institute, 2014)



## Confidence

By choosing Whitney Center, you're taking control of your future. Because we're a Life Plan Community, you can enjoy your current active lifestyle knowing that you'll have access to any level of health care you might need – with virtually no increase in costs.

- Our on-site Health & Wellness Center services include skilled nursing and rehabilitation care, assisted living, diet and nutritional therapies, memory care services, respite care and hospice care.
- We value each individual and create a culture of engagement through customized experiences to foster a sense of belonging, achievement and fulfillment.
- We offer a variety of Life Care contracts that allow you to receive a full continuum of care while protecting your estate. It's a tremendous value and one of the best gifts you can give your children.

At Whitney Center, you can have confidence in a future that promises quality care and gives your family peace of mind.



## What to Ask

1. Is there an entrance fee? What's included in that fee?
2. How do you assess if I'm financially qualified?
3. Are assisted living and skilled nursing care included in the monthly fee? If not, how much is the cost per day?
4. Are you Medicare-certified?
5. Are there set hours for mealtimes, or is it more flexible?
6. Are you a not-for-profit or a for-profit community?
7. Is there a waiting list?
8. Is there a medical criterion to be able to move in?
9. When does the money get returned to my estate or me?
10. If you could describe the community in three words, what would they be?

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## Things to Think About

- What were your first impressions?
- Pros? Cons?
- Next steps?

# Experience Whitney Center

Come see why people like you choose Whitney Center.

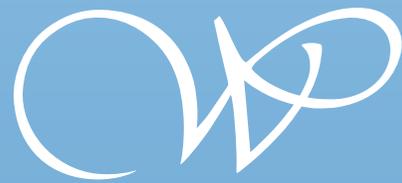
We'd love to meet you and give you a tour of our beautiful campus, introduce you to some future neighbors, and give you a taste of how satisfying senior living can truly be.

Call 203.848.2641 or visit [WhitneyCenter.com](http://WhitneyCenter.com) to schedule a personal tour.



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200 Leeder Hill Dr.  
Hamden, CT 06517  
WhitneyCenter.com

